

# COUNTING THE COST OF CARE - CARE PACKAGE v EQUIPMENT:

How do you quantify and qualify the cost of care?

What price someone's independence?

Their feeling of control over daily activities?

Their ability to stay in their own home?

Their health, wellbeing and hygiene?

**We go to the toilet on average eight times a day. Physical and/or mental limitations may make it hard or impossible to do safely and hygienically.**

## Options:

- A care package (1 or 2 carers to assist, equivalent of 2 hours/day, 7 days/week, 365 days/year)
- Provision of a shower/wash and dry toilet
- Provision of a shower toilet and toilet lift

## 'Year of care' costs:

- Care package: £15/hour = £10,950 pa\* ongoing cost
- Provision of a shower toilet i.e. Closomat Palma Vita: £2660 one-off cost
- Provision of a shower toilet (Palma Vita) and toilet lift (Aerolet): £5735 one-off cost

## Summary:

In a single year, providing equipment – where appropriate – in place of care intervention enables at least twice as many people to be enabled to be independent, stay in their own home. Which also has a positive impact on:

- Recipient's mental state
- Recipient's wellbeing and hygiene (effective cleanliness avoiding urinary, faecal contamination of skin, anus etc)
- Reduced likelihood of falls via the safety provided by the toilet lift

